



Extreme Hot Weather Policy

Scope

This policy addresses extreme hot weather in consideration of local climatic and facility conditions. The school has a separate response to wet weather. This policy relates to the day-to-day running of the school and is not intended to address school sports. Primary School Sports Association have their own Hot Weather Policies that this school abides by.

Purpose

A healthy balance of the sun's ultraviolet radiation (UV) exposure is important for health. Too much UV from the sun can cause sunburn, skin damage, eye damage and skin cancer. Too little UV from the sun can lead to low vitamin D levels.

Sunsmart

- Students will be required to wear the school hat with a brim all year round, whenever they are outside classrooms
- Appropriate areas of shade will be provided and students will be encouraged to utilise these areas when playing outdoors or when engaged in school lessons outdoors
- Staff will model Sunsmart behaviours to students
- Students who are not wearing approved hats will be directed to remain in a designated shaded area of the playground during recess and lunch times
- Students who do not have the approved hat will be unable to participate in outdoor activities, excursions and camps.

Implementation

Children and staff use a combination of skin protection measures when UV levels are high. Particular care is taken between 10am and 3pm when UV levels reach their peak during the day. The following strategies will be implemented:

Policy

This policy aims to ensure that all students attending Living Waters Lutheran School are protected from skin damage caused by the harmful ultraviolet rays of the sun and from health risks associated with being exposed to high temperatures.

Extreme Heat

In all weather conditions students will be encouraged and supported to

- Play in shaded areas
- Remain hydrated by accessing the drinking taps throughout the school day and by allowing students to have their personal water bottles with them in their classrooms.

In the event of the Principal or delegate determining that the temperature at school has reached extreme levels the following additional measures will be taken:

- Students will be supervised in classrooms during recess and lunch breaks
- Teachers will proactively seek to provide regular additional breaks for students to access their water bottles and drinking taps during the school day.

Physical Education (PE) Classes

When the temperatures are deemed to be extreme PE teachers may elect to teach inside or in an appropriately shaded area.